



CLEVELAND INFERNO WELCOME PACKET

We would like to take this time to welcome you and your family into the Cleveland Inferno Girls Soccer Club. We greatly appreciate your interest in our program and look forward to building a strong and productive long term relationship through the game of soccer. Providing that everyone involved puts forth the necessary commitment, dedication, hard work and sacrifice, then the program you have chosen is the right program for you.

The Cleveland Inferno Girls Soccer Club, its coaching staff and associate organizations will provide you with the finest in player development and soccer education. It is our goal to ensure that all of our players and families enjoy the experience of club soccer and the beautiful game. It is also our promise to you that we will do everything possible to help your child reach her soccer goals and dreams.

Please take the time to review all of the information in this packet thoroughly. There is valuable information that everyone involved needs to know and understand. Your knowledge and understanding of our program and expectations are very important to the growth and success of our club and your child's development as a player. Please remember that we encourage open communication here at the Cleveland Inferno. You are always welcome and encouraged to contact me (Jim Toth Jr.) directly with any questions or concerns. We believe there is nothing we can't accomplish or achieve through open lines of communication.

Once again, we would like to welcome you and your family into the Cleveland Inferno Girls Soccer Club and are proud to have your child playing for one of our teams this upcoming season.

The Inferno Approach To Success:

The soccer program at the Cleveland Inferno seeks to provide all players with professional level training, development and opportunity preparing each team and individual for competition at the highest levels possible. Our approach to player development is that of a long term commitment. Through commitment, dedication, hard work and sacrifice we are able to provide all of our players with every opportunity to reach their maximum potential.

The training curriculum of the Cleveland Inferno Soccer Club has been designed and structured to develop players in four essential areas that are needed for growth and advancement in the game of soccer. With the continued development in the following key areas players will increase their knowledge and understanding of the game while acquiring the necessary skills needed for success on and off the field.

OPPORTUNITY

TECHNICAL	TACTICAL	PHYSICAL	PSYCHOLOGICAL
INDIVIDUAL SKILLS (BALL MASTERY)	METHODOLOGY IN ATTACK, DEFENSE AND TRANSITION (SHAPE AND APPROACH)	SPEED, AGILITY, STAMINA, ENDURANCE, STRENGTH, RECOVERY, FLEXIBILITY	ATTITUDE, PERSONALITY, DISCIPLINE, ACCOUNTABILITY, CONSISTANCY, CHARACTER

This approach to player development is the building block we use to prepare our players for the natural progressions that occur in the game of soccer. These four areas provide the most crucial element in the total development of a soccer player: the ability to read the game, the flow, how to anticipate and adjust to individual opponents and teams. These are the intangible traits that make great players rise above others, and that players only develop over a long period of time with experience and experimentation.



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The Inferno Path To Success: Developmental Growth & Progression

Ages 5-8 : At this age the ball itself is the biggest obstacle and opponent as these players are learning to combine basic motor skills (walking, running, jumping) with ball handling. These players must spend the maximum time possible in contact with the ball and experiment individually. The activities we implement are heavily oriented towards dribbling, giving the players as many touches on the ball as possible during their early years. Activities include dribbling, ball handling, ball control, 1v1, 2v2, 3v3 and 4v4.

U9-U10 : At this age we reinforce ball handling skills and begin providing exercises that are fun but also challenging with a repetitive element to them, helping to ingrain habits the players will need as they take their next step forward in the game of soccer. Players at this age have a special ability to learn, but because they are still quite egocentric and lack significant ability to engage in abstract thought, this is the prime age to focus on specific soccer techniques and skills. Activities we implement focus on dribbling moves, tackling, passing, trapping, shooting, unbalanced numbers activities, 4v4, 6v6, and concepts of team shape.

U11-U12 : These players still possess a special ability to learn, but are now beginning to grasp abstract concepts (combination play, attacking/defensive/transition principles). At this age we build upon acquired technical skills training in a tactical environment. We start to take advantage of players increasing strength, speed, agility and mental capabilities to understand the game. Our focus is on activities such as dribbling, passing, receiving, heading, and shooting, reinforcing proper technique while providing introduction and exposure to tactical concepts and games. (1v1, 3v3, 4v4, 5v5, 8v8 and unbalanced numbers activities.)

U13-U14 : As these players are mostly post-pubescent, we begin to focus on development of strength and endurance within the training sessions. Warm-up and cool down become important along with consideration and preservation of the players' health as their bodies will be continuously changing. With this age we are able to harness the players drive, determination and competitive nature and begin to develop discipline by expecting instructions to be followed both during and outside of training sessions. We begin to focus on the speed of play and teaching group tactics to help improve individual skills and team awareness. Training session often include early support, changing the point of attack, transition, possession, team defending, counterattacking, and building up from the back. (1v1, 5v5, 6v6, 8v8 and unbalanced numbers situations.)

U15-U18 : As these players have mostly finished all aspects of rapid growth, we can now focus on providing opportunities for them to test the limits of their bodies (physical strength, endurance, speed, leaping ability, etc). We are continuously paying attention to the player's attitude, discipline and mental focus on the game. As these are the peak years for learning to solve problems, we use a wide variety of small sided games, training in the most realistic game environments possible to provide players with the opportunity to reach their maximum potential. We are also reinforcing technical proficiency while training in tactical situations.

As we continue to provide opportunity for growth and development we are always encouraging our players to find additional ways to stay involved with the game. Whether it's a foot skills clinic, catching a match on TV, a pick up game or some good old fashion backyard fun, we believe this to be a very important piece in the advancement of the total player. There are also many other opportunities for young players to increase their knowledge and understanding of the game. Volunteering to help with local soccer associations and becoming a licensed referee are both great ways to give back to the sport and learn the laws of the game. Becoming a well rounded player helps build character and will provide challenges that will teach young athletes valuable life lessons.



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Cleveland Inferno Fees:

We would like take this opportunity to thank you for choosing to become a member of the Cleveland Inferno Girls Soccer Club. With becoming a member you are stating that you and your daughter are committed to the program and are SERIOUS about the game of soccer and development in the sport.

Club Fees: (see website payment center for up to date session fees)

The Cleveland Inferno Soccer Club is a year round program and currently provides three sessions of training and games. (fall, winter, and spring) Club fees will fluctuate with each season and will range between \$300 and \$475 per session based on age, length of season and team involvement. Club fees are due by a set deadline prior to the start of each session and must be paid in full to begin participation.

What Are Club Fees Applied Towards?

The club is responsible for many financial obligations each year. In order for us to remain successful, professional and able to provide further opportunity to our member, it is important that you fulfill your commitment to the club so we can fulfill our commitment to you.

League Fees, Field Usage, Player Registration, Facility Rental, Coaches Costs, Websites, Training Equipment, Advertisement and Referee Cost, are just some of the club expenses. There are always additional expenses the club is responsible for each season. The Cleveland Inferno takes great pride in our program and would like you to please remember that this is your club and we are here to provide for you.

Tournaments:

Tournament fees are separate from club fees and will range between \$80 and \$125 depending on tournament entry fee, rosters size and location of the event. Tournament fees are due in full by a set deadline prior to the event. All tournaments are mandatory and players are required to attend. You are not permitted to pick which tournaments you would like to participate in. In the event you cannot attend a tournament you must provide the club with forward notice. Tournaments are pre paid months in advance and we are responsible to fulfill our obligation as a club. Once you have committed, tournament fees are non refundable with no exceptions.

Scrimmages and Extra Games:

Throughout the year the club may be presented with additional opportunities to play in scrimmages and extra events. This may require an additional cost and will be discussed with individual teams prior to commitment to the event.

Uniform Package and Apparel:

Uniform packages are mandatory for all players and are a separate from club fees. You will be required to purchase your uniform package upon joining the club. Additional club apparel is not required but is available for purchase to all players and family members who wish to show their support. See uniform and apparel page for requirements, pricing and details.

Inferno Summer Camp:

Each year the Cleveland Inferno will hold a pre season summer camp for all players ages 7-18. This camp is mandatory for all Inferno players and will be held in mid July. The cost for this camp will fluctuate from year to year and will range between \$80.00 and \$100.00.



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Uniform and Training Package Requirements:

The Cleveland Inferno takes pride in the appearance of our players, teams and club. All members are required to purchase the Inferno uniform package upon joining the club. Additional information will be provided by your team manager or your Inferno Uniform/Apparel club representative. Please visit our website and click on the uniform and apparel link.

Total Cost: \$360 (After Shipping, Logos, Numbers, and Application) (Required) (Pants and Bag can be added for \$120.00)

Inferno Uniform & Training Package	Color	Base Cost	Inferno Logos	Number
Nike Jersey Home	Red	\$55.00	Yes	Yes
Nike Jersey Away	Black	\$55.00	Yes	Yes
Nike Jersey Alternate	White	\$55.00	Yes	Yes
Nike Sock	Black	\$15.00	No	No
Nike Sock	Red	\$15.00	No	No
Nike Shorts	Red	\$30.00	No	No
Nike Shorts	Black	\$30.00	No	No
Nike Warmup Jacket	Black	\$85.00	Yes	No
Inferno Training T-Shirt	Red	\$20.00	Yes	No
Inferno Warmup Pants	Black	\$60.00	No	No
Inferno Bag	Black	\$60.00	Yes	Optional

Additional Inferno Apparel:

All items listed in the Inferno Uniform and Training Package (above) can be purchased as additional items for anyone who wishes to have more than one set. Each season the Cleveland Inferno will offer fan apparel gear so that you may show your support for the club. All items will be listed on our website under the uniform/apparel page. All details on how to order and purchase are made available on line and/or will come from your team manager.



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Practice and Game Expectations:

Training sessions and games are mandatory for all players. When planning your schedule please make sure to do all that you can to avoid conflict. Attendance levels must remain high for individual players and teams to develop adequately. Frequent absences from training sessions and games can have a negative impact on the program and will ultimately take your daughter further away from reaching her goals. Commitment, dedication and positive attitude are needed for everyone involved to succeed.

Training Session Requirements and Expectations:

- Players are to arrive 10 minutes prior to the start of practice dressed and ready to participate
- Players are to attend practice with the intent to learn and carry a positive attitude
- Players must bring inflated age appropriate soccer ball to all training sessions
- Players are required to wear their Inferno training T-shirt, black shorts and black socks at all times
- Players are required to wear their Inferno warm-up jacket on cold days
- Under shirts, under shorts and leggings are permitted to be worn. Must be black
- Uses of Warm-up pants are also permitted. Must be black. No sweatpants!
- Indoor and Outdoor Shoes required at all training sessions
- Shin guards must be worn at all times unless otherwise instructed
- An adequate water supply or sports drink should be brought to every practice
- Proper nutrition before practice is highly recommended

Game Requirements and Expectations:

- Players are to arrive 40 minutes prior to the start of any game dressed and ready for warm ups
- Players are to attend games with the intent to learn, have fun and carry a positive attitude
- Players are required to wear the appropriate home or away uniform at all times
- Players must always bring both sets of uniforms to all games
- Players are required to wear their Inferno warm up jacket to cold weather games
- Under shirts, under shorts and leggings are permitted to be worn. Must be black
- Indoor and outdoor shoes required at all games
- Shin guards must be worn at all times
- An adequate water supply or sports drink should be brought to every game
- Proper nutrition before games is highly recommended

NOTE:

If you are unable to attend a training session or game you are required to notify your team manager and coach. Forward notice of at least 48 hours is appreciated to better prepare our staff to make the necessary adjustments. If forward notice can NOT be provided please contact your coach and manager direct via phone call. Text messaging is not a form of communication recognized by our program and last minute e-mails may not be received in time. If you play U14 and under it is the responsibility of the parents to notify the coach and manager. If you play U15 and over it is the players responsibility to notify the coach and manger.



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For The Parents

*Throughout the course of the season your daughter will have ups and downs, whether it's personal, school, relationships, illness, injuries, or whatever the case may be. Please remember to stay positive and support your child, the team and program. We have seen far too many quality players quit the game because they become tired of being berated on the drive home after a game. Help her keep a positive focus and know that her entire career will not hinge on a single performance. We all have bad days.

*Please understand that equal playing time is not guaranteed in games, tournaments or scrimmages. Club soccer is very fast paced and competitive. All players have to earn the right to play through hard work, dedication, commitment, team work, and positive attitude. High maintenance players and parents are not welcome and will not be tolerated.

*Players are required to be on time and attend all training sessions and games. If frequent absences from the program begin to occur your child will not grow, develop or have success. Please stay up to date on the schedule of events and help to keep participation and attendance levels high.

*During the season you may have questions, concerns, or complaints. Please know and understand that we have an open communication policy here at the Cleveland Inferno. You are always welcome and encouraged to contact me (Jim Toth Jr.) direct when you feel the need to discuss any matter. Depending on the nature of your call we ask that you take 24 hours to think before you speak.

*Please refrain from coaching and negativity while sitting on the sidelines during games. Coaching and any negative or inappropriate comments towards our players, coaches, officials, parents, or opposing teams will not be tolerated and will result in immediate suspension from the club. NO EXCEPTIONS.

*Soccer should not become larger than life for you or your child. Remember that this is only a game and while hard work, commitment, dedication, sacrifice and life lessons come from athletics, soccer should still remain fun and in the proper perspective for everyone. Remember, this is about her, not you. Your relationship with her will continue long after her competitive soccer days are over. Please keep your goals and needs separate from your daughter's performance.

*Support the program by getting involved. Car pooling and volunteering to help with fundraising are great ways to ensure the growth and success of the program. Remember that we all have the players' best interests in mind.

*If games, training sessions, tournaments, or events need to be canceled for any reason, we will always try to reschedule. However, rescheduling is not guaranteed and will be at the discretion of the club.

*Please leave the coaching to the coaches. This includes motivating, psyching her up, post-game critiques, goal setting, requirements for additional training, etc. You have entrusted the care of your player to our professional staff and we need to freedom to do our job. Too many "coaches" causes confusion which is likely to result in a decline in performance.

*Soccer is a team sport. Please support and root for all players on the team. Female athletes do not seek recognition as individuals; they are looking to involve the entire team in their experience. Your daughter will be continuously searching for her role in elevating the playing level of the entire team. This is where she will find her intrinsic reward.

*The most important parental tip we can provide is HAVE FUN!! One of the key elements of our program is providing a challenging environment in which she can reach past her comfort level and try new things and improve herself as a player and person. We believe that if we can provide this in a fun environment, the process will be very successful.



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Registration Information:

Please visit our website (Calendar Page) or check with your team manager for up to date information on registration nights for the upcoming season.

All Cleveland Inferno players will be required to register once per year. We currently participate in the OYSAN State League or MRL and upon registration you will become a member of the club. This states you are registered with our club and not one specific team. All players will be placed on teams each season but will also gain the opportunity to play with other teams within our club and program throughout the year. All team and player decisions will be made by our club director Jim Toth Jr.

Please complete the following by set deadline or submit to your team manager within one week of receiving this packet. Contact our general manager Courtney Mendel with questions.

New Players (returning players complete every fall)

1. Cleveland Inferno member form
2. OYSAN member form (visit our website interactive forms)
3. OYSAN medical release (visit our website interactive forms)
4. 2 copies of birth certificate
5. 2 small color photos
6. Session fees and uniform fees paid in full

Please note that all incomplete paper work will not be accepted and will be returned to you. Participation in the program will be suspended until all paper work is filled out properly and complete with no items missing. It is important that we have all registration information in by our scheduled deadline. All paper work is included in this packet and can also be found on our website under club information. Click on interactive forms www.clevelandinferno.com

Board of Directors:

Owner/Club Director

Jim Toth Jr.

440-822-9331 or clevelandinfernosoocer@yahoo.com

President

Jim Toth Sr

440-523-0119 or clevelandinfernosoocer@yahoo.com

General Manager

Courtney Mendel

440-774-2637 or www.cdsiohio.com

Please visit our website and click under your team page for manager information.



CLEVELAND INFERNO MEMBER FORM

PLAYER INFORMATION

FULL NAME _____ DATE OF BIRTH _____ Age _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME # _____ CELL # _____

EMAIL ADDRESS _____

MEDICAL CONDITIONS _____

EMERGENCY CONTACT _____ CONTACT # _____

PREVIOUS CLUB(S) _____

MOTHER INFORMATION

FULL NAME: _____ CELL # _____

EMAIL ADDRESS _____

HOME ADDRESS: _____

CITY _____ STATE _____ ZIP _____

FATHER INFORMATION

FULL NAME _____ CELL # _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

OTHER INFORMATION

MOTHERS DATE OF BIRTH (NEEDED FOR PLAYER REGISTRATION) _____

HAVE ALL FINANCIAL OBLIGATIONS BEEN MADE TO PREVIOUS CLUBS AND/OR TEAMS? YES NO

I verify my child is covered by medical insurance. She has been checked by a qualified physician and is physically able to participate in soccer activities. I understand that soccer has the physical risk of injury. I release The Cleveland Inferno its employees, officers, agents, and hosting facilities from any damages and liabilities that may occur while my child is at tryouts, practices, games, tournaments and any other club function.

I have read and agree to the policies set forth in the Cleveland Inferno Financial Obligations Agreement YES NO

Parent/Guardian Signature _____ Date _____